



EAGLE EYE



Volume 4 Issue 3

December 2008

Upcoming Events

- Classes Resume 1/5
- Report Cards Go Out 1/9
- Homecoming Game 1/9
- Homecoming Activities 1/10
- No Classes (MLK Day) 1/19

What's the Buzz?

What's the buzz for teens in America? Many teens in America are turning to energy drinks to handle their fast-paced life-style. Still others turn to this latest fad because of the buzz they receive.

Almost 83% of teens in America have tried an energy drink. Many schools (including LCA) have banned energy drinks from their campuses due to the health risks that they pose.

There are many dangers and risks that are tied to energy drinks. Some of the short-term risks and dangers are high blood pressure, nausea, hyperactivity, sleep prevention, dehydration, headaches, sore throat, vomiting, jitteriness, eye twitching, diarrhea, heart palpitations and a boosted heart rate.

The long term effects of energy drink

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Monster drinks are one of the more popular energy drinks among teens today.

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Happy Holidays?

Merry Christmas or Happy Holidays to all? The ACLU (American Civil Liberties Union) and other individuals have been trying for many years to take Christ out of Christmas.

The ACLU has been trying to replace Christ-oriented names for things some may find ridiculous. For example, they propose changing 'Christmas Tree' to the 'Tree of Illumination'.

Are the Liberals being too politically correct by trying to take Christ out of Christmas, or are they just trying to stand up for their beliefs like the people defending their

Christ-centered traditions?

Some argue that America was founded on Christian ethics and should be kept that way, while others say religion should be completely separate from politics.

For the ACLJ (American Center for Law and Justice), progress has been made against ACLU's attempt to take religion out of holidays. Retailers such as Walmart are returning to greeting customers with 'Merry Christmas' instead of 'Happy Holidays' this year.

Other organizations such as the Freedom from Religion Foundation, an atheist group,

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What's the Buzz contd.

(Continued from page 1)

consumption are addiction, loss of brain cells, brain damage, weakened heart, and death.

Energy drinks contain large amounts of caffeine and other stimulants like ginseng and guarana.

Some of the more harsh energy drinks contain as much as 80 milligrams of caffeine. In contrast, most sodas have about an average of 30 milligrams of caffeine. That's more than twice the amount of caffeine.

The targeted market for energy

drinks is consumers between ages 11 to 30. Energy drink makers want to hook teens on energy drinks so that they continue to buy the them.

Popular energy drinks among teens include: Monster, Amp, Rockstar, Nos, No Fear, Venom, Ninja, DK, Mario, Sobe, Full Throttle, Jolt, Red Bull, Piranha, 180, Adrenaline Rush, Spark, Redline, and ISO Sprint.

In order to widen their market, some companies label their beverages as energy sodas. Some of these are MDX (a type of mountain dew), XS, Vault, and a

few others.

Energy drink manufacturers are now making energy shots such as Monster Hitman, and Nos Powerfuel. These little bottles contain three to four times as much caffeine as an energy drink. While, other energy drink makers are mixing juice and punch into their product, like Rockstar Juiced and Rockstar Punched.

Energy drink makers are not limited to the amount of caffeine and other herbs that they can put in the energy

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Thoughts to Ponder

"Trust in your friends, and they will have a reason to trust in you"
- Yoda

"For it is in giving that we receive"
- St. Francis of Assisi

"Christmas is not as much about opening our presents than about opening our hearts"
-Janice Magditer

Eagle Birthdays!

December

Mike Chaney	3
Mrs. Kim Windle	3
Mrs. Amy Swanson	6
MaKenna Meyer	8
Mrs. Angie McKernor	12
Janelle Scott	12
Ian Wolff	18
Matilyn Voss	18
Madilynn Moore	20
Joe Burris	27
Anna Fox	30
Kaylee Jepsen	30
Zachry Blackwood	31



January

Mrs. Felicia Smith	5
Ms. Amber Voss	7
Caleb Runyan	10
Josiah Brumagin	11
Cameron Ratcliff	22
Trenton McGee	26
Sidnee Brumagin	27

Critics Corner

The Chronicles of Narnia: Prince Caspian (PG)

Disney released the *Chronicles of Narnia* sequel, *Prince Caspian*, to DVD and Blu-ray on December 2nd, 2008.

A Telmarine prince, Caspian, blows Queen Susan's ancient horn which thrusts the four Pevensie children from their home in England to a troubled Narnia. Prince Caspian's uncle, King Miraz, has denied him the throne. Now, Peter, Susan, Edmund, Lucy, and Prince Caspian, with the help of the banished Narnian Talking Beasts and Aslan, the Great Lion, must take back Narnia and restore the peace and fairness to the land.

C.S. Lewis' book, *Prince Caspian*, is a very war driven story. Battle scenes are on almost every landscape. Even the character Trumpkin says, "You may find Narnia a more savage place than you remember." Director Andrew Adamson seems aware that they went further than the last film. "This film is probably a little darker and grittier than the last one, partly because the children are older, making the story more adult in nature."

Yet, there are still the old-time hero positive elements: chivalry, loyalty, honor, duty, morality, faith, and mercy. In a spiritual point of view, Aslan is shown as a picture of Jesus. Following Aslan is the most important thing you can do, even when no one can see him.

Some avid book fans will be upset at things that have been left out or added to the film - one being a very subtle attraction between Susan and Prince Caspian. Then, towards the end, she runs to him for a goodbye kiss, moments before she leaves for her world. It is merely Hollywood glitz.

Overall, *Prince Caspian* is an action/adventure movie, with some very positive elements. It has come out just in time for the Christmas season.

By: Hannah Fregoe

Beak Speaks



Do you usually enjoy giving or receiving gifts for Christmas, and why?



Mike Chaney

11

Receiving, because it's free and amazing.



Jordan Wade

9

I enjoy giving and receiving gifts, because people care about me and because it's fun to see their reactions.



Sidnee Brumagin

4

Giving, because it's nice to see them happy.



Nate McGee

1

Receiving, because it's fun.

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N G W H I T E C H R I C S L T
T M A S D E C O R A T I O N S

CELEBRATE
CHRISTMAS TREE
DECEMBER
DECORATIONS
PRESENTS
TWENTY-FIFTH

GIVING
HOLIDAY
LIGHTS
ORNAMENTS
REINDEER
WINTER

RIBBONS
SANTA CLAUS
STOCKINGS
TINSEL
TURKEY DINNER
WRAPPING PAPER

Jokes

1. What is brown, has a hump, and lives at the North Pole?
2. If athletes get athlete's foot, then what do astronauts get?
3. What does Tarzan sing at Christmas time?

Answers:
1. Rudolph the Red-Nosed Camel, 2. Missile Toe, 3. Jungle Bells

Eagle Sports

By: Thomas Childress

The Eagles basketball season kicked off with an awesome three game tournament-The LCA Tip Off Classic. Co-captains Josh Telfer and Luke Wishman led the team to a second place finish in the tournament. After a disappointing loss to the Central Missouri Saints, the Eagles took on the New Salem/Winfield Flames. Caleb Fox made an incredible shot at the buzzer, that sent the game into overtime, where the Eagles soundly extinguished the Flames. The Eagles finished off the tournament, with a win against the West County Knights.

The varsity boy's record is five wins, three losses. Their first game of the season was against the West County Patriots where they were defeated. The second place tournament win came next, followed by two consecutive wins against Collinsville Christian Academy and the Columbia Knights. The Eagles then went to Thomas Jefferson where they were dealt a loss and an end to a four game winning streak. However, they made up for it several days later with a win against Perry Christian Academy. Let's not forget the junior varsity boys who are on a winning streak with an undefeated record of three and zero!

The Lady Eagle's season has gotten off to a somewhat rocky start. Their record of two and two hasn't necessarily been a concern. The team found itself in trouble early in the season due to the loss of several players from last year and the addition of several "newbies". While only five players are required out on the court, six players is the minimum for a team to have substitutions. With the late addition of Emmi Fererro, Jamie Brumagin, and Nikki Holmes the team hopes to bring up their record of two and two. The Lady Eagle's first win came against the New Salem/Winfield Flames who were ahead much of the game. However, multiple free throw shots by Erica Sansone brought the team a come from behind victory. Their most recent game was against Thomas Jefferson where they came away with a win. The girls junior varsity team has



Luke Wishman dominates his defender as he goes for a lay-up against the Saints.

also been playing well. Their last game was a win against Perry Christian Academy.

Will a state championship be in the future for LCA—only time will tell.

Happy Holidays contd.

(Continued from page 1)

complained about the celebration of this Christian holiday.

They displayed their opinion in Olympia, Washington by installing an atheist placard next to the nativity scene in the legislative building that read, "At this season of winter solstice, may reason prevail. There are no gods, no devils, no heaven or hell. There is only our natural world. Religion is but a myth and superstition that hardens

hearts and enslaves minds."

The Freedom from Religion's co-president, Dan Barker, commented on the importance of atheists showing their viewpoint alongside the nativity scene.

Although, the atheist sign was permitted to remain in the legislative building, it was stolen less than 24 hours of being placed there.

Opponents of public celebrations claim there are other holidays during win-

ter such as Kwanza and Hannukah. They feel the government shouldn't be limited to one religion.

So, the question remains: Will Christ be taken out of Christmas, and will the liberals and atheists win the political battle over religious issues?

Either way you say it, Merry Christmas or Happy Holidays, enjoy your break and see you in January!

-by Lydia Steevens

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PLACE YOUR AD HERE
FOR JUST \$5.00
AN ISSUE. SEE A
STAFF MEMBER FOR
DETAILS.

*Merry Christmas
And
Happy Holidays!*

What's the Buzz contd.

(Continued from page 2)

drinks. This makes it impossible to predict all of the side effects and dangers related to drinking an energy drink.

Energy drinks are also very costly. The average energy drink is priced at \$3.50—compared to a 75-cent soda containing less caffeine.

Energy drink makers cite the increased cost is due to the need for more expensive ingredients. Protesters of energy drinks relate the increased cost is due to their increased popularity. Energy drinks have become the latest fad which yields a legal "buzz", unlike the drug era of the six-

ties.

There is no such thing as a safe energy drink. So, before you take that next sip, make sure you know all the facts.

- by Jessie Gillette